

* 2012 Annual Gym Show *

Please arrive at James Wood High School at 4:50pm on Thursday, May 31st. A short stretch and warm up will begin at 5:00pm and the show will begin at 5:30pm. James Wood High School is located on Apple Pie Ridge Road, off 522 North (up on the hill). Our Gym Show includes all of our Recreational & Competitive classes performing a floor routine to show off the new skills they have learned this year! Feel free to invite family and friends!

CE's Team Booster club is selling gymnast gifts to be handed out at the show! Please ask the front desk if you need a flyer.

A professional photographer will attend our annual Gym Show! Her name is Melissa Ambers ("Memories by Melissa"), please feel free to check out her website:

melissaambers.com.

Fall Schedule 2012-2013

Registration begins May 1st! Payment is due by August 1, 2012.

Competitive Team Season

Congratulations to all our team members in their state meets and achievements! Good Luck to our level 4s and All Star Team! Their state meet is May 5-6, and May 19-20.

Welcome new Faces in the Gym . . .

Haley Hassinger is our new Saturday Tumbleweeds Instructor. She is a previous competitive gymnast and is currently on the All-Star Cheerleading Team for Legacy in Ashburn, VA.

Maryanne Trexler is our new dance instructor. She graduated from Radford University with a Bachelors in Arts in Dance Performance, Concentration in Contemporary.

▪ Summer Camp ▪

Join us for our Recreational Gymnastics Summer Camp from July 16th-20th. We have half day (9-12:30) and full day (9-4) options. Check our website or ask the front desk for more details!

* Summer Classes - Register Now *

Our Summer Schedule is out!!

Register at the front desk today!!

Our Summer Session will be from June 11 - August 19th. Please have your one time payment for Summer in by May 29th. Price is for 7 summer classes, but you get 9!! No make-ups will be offered over summer.

We will close on July 4th and from July 16-22nd for our summer camp.

Olympic Trials & 2012 Olympics

Will be broadcasted on NBC

Olympic Trials, San Jose, California
June 28-July 1

2012 Olympics, Artistic Gymnastics
Most televised in History
July 29-August 7

Rhythmic Gymnastics
August 8-10

Please check usa-gymnastics.org for further updates and information.

Please look for upcoming pictures on our website!

~ Gym is CLOSED on ~
May 4-6, 2012 (Apple Blossom)
May 28, 2012 (Memorial Day)